



The Olive Odysseys
'Bucket List' Italy-Venice to Rome
October 1-10 2018

PACKING LIST

Here are some packing suggestions to make your trip more enjoyable. Remember that you will be carrying your own luggage during the trip. It is in your own interest to pack as lightly as you can. Recently, airlines have been stricter on the luggage weight limit. It has been our experience that a medium size suitcase with wheels plus a smaller one that can be attached to the wheeled one is better than one large suitcase. Stuff a lightweight nylon duffel bag in your suitcase for laundry or souvenirs. Use trial-size containers for your shampoo, toothpaste, etc. to save room and weight. Eliminate unnecessary containers or cases.

Check ahead of time if any of the hotels (by consulting your hotel roster) have laundry service.

___ **Passport** (*Please check this now for expiration date. It must not expire 90 days from the last day you are in the country of travel*) On the day of travel, make sure you take YOUR passport. All U.S. passports look the same on the outside).

Shoes- Whatever shoes you bring please make sure that you have gripping soles on them. Remember marble-paved ruins and old cobblestone cities make for slippery surfaces!

___ Walking shoes are recommended. You can also combine them with-

___ Running shoes as you will have some opportunities to take a run/walk.

___ Teva-style shoes work well IF they have good gripping soles.

___ Evening shoes-sandals or light shoes. Keep in mind some night we will have a short walk to dinner.

WHATEVER SHOES YOU DECIDE TO BRING BREAK THEM IN NOW. DO NOT WAIT UNTIL THE TRIP.

Clothing-

___ Light rain gear

___ Windbreaker (can be one in the same as above)

___ Light sweater-tends to cool off in the evening

___ 2 pair of shorts/Capri pants

___ slightly dressy outfit

___ 2 pair of pants/skirts

___ 2-3 wash and wear shirts/blouses

___ 3-4 pairs of socks/ mini hose

___ Undergarments-4-5 changes**some people want more-it is up to you**

___ Scrunchable hat or visor for the sun

BEST BET IS TO WEAR CLOTHES THAT CAN BE LAYERED

TOILETRIES

___ Sunglasses

___ Backup contact lenses/glasses (you never know!), with contact solution.

___ Sun block

___ Lip balm

___ Deodorant/toothpaste/brush/comb/light make-up

___ Shaving tools

___ Insect repellent

___ Medications you are currently taking

___ Medications for allergies or asthma

___ Vitamins-if you take them

___ Non-valuable jewellery

___ Small First-Aid kit

MISCELLANEOUS

___ A day pack/ purse that is a messenger style bag for our daily outings

___ Or a backpack for our daily outings. Make sure it can be secured from thieves

** it has been our experience that many museums and sites will not let you take in a backpack-you have to check it-as opposed to messenger bags. They generally let the messenger style bags through**

___ Refillable water bottle (We just buy a 250 ml water bottle on the first day and reuse until end of trip). We will let you know if each hotel has drinkable water.

- Liquid soap for hand washing laundry
- Laundry line (small rope) with a few clothespins for hanging laundry
- Camera with storage card/battery/and charger
- Small pocket knife and spoon for picnicking (these can be placed in checked luggage).
- iPad or smaller laptop-along with appropriate charging device-you will only need a
- Small umbrella (optional if you have rain gear with hood)
- 'Sea-sickness' pills or wrist bands (if you get car sick)
- Swimsuit (optional-a few of our hotels have a pool)
- Swim shoes for rocky beaches (optional-a few of our hotels have a pool)
- Beach/swimming towel-as lightweight and fast drying as possible.
- European plug adapter.
- 220 outlet adapter (for hair dryer/travel irons etc) **Some appliances now have current transformers in them (it will say both 110-220 on the back). In these cases all you need is a plug that will fit in European sockets. Radio Shack usually has these.**
- Address list for sending postcards home
- Journal
- Small travel flashlight
- Small travel binoculars (optional)
- Bubble wrap (really useful for protecting those precious goodies you want to take home with you)

Mistakes

- X bringing very dressy attire (gowns /suit and tie)
- X bringing expensive jewellery
- X high-heeled shoes
- X bringing new shoes that are not broken in
- X wearing inappropriate shoes during the day when you are visiting sites
- X bringing a new camera/ that has not been fully tested

If you have any questions about packing details please email us at theoliveodysseys@gmail.com